



Environmental Excellence
Training and Development Ltd



Manual Handling Training Certificate

Course Overview:

This course is designed to raise the awareness of correct manual handling procedures and techniques in order to ensure health and safety within the workplace.

Course Content:

- The structure of the Spine and Functions
- The Spinal Cord/Nervous System
- Costs – moral, physical, financial
- Legislative Requirements
- Diseases Affecting the Back and Neck
- Resulting Injuries/Disabilities Consequences
- Lifting Capacity – Factors
- Assessment by Employer/Employee
- Recommended Weight Guidelines
- Safe Systems

Qualification: EETD Manual Handling Training Certificate

Assessment Method: Practical Assessment

Course Costs: TBA

Attendance and Timeframe: Half day

Delivery method: Groups, face-to-face, online and blended options

Delivery: EETD training suite or your nominated site

Contact Details: Kelly Louise Smith: customerservice@3ees.uk.com



Excellence Matters

Environmental Excellence Training & Development Ltd

Junction 2, 870c Wolverhampton Road, B69 4RS. Telephone: 0121 574 0688 www.3ees.uk.com