



Highfield Level 2 Award in Safe Moving & Handling

Course Overview:

This qualification will benefit those who are required to carry out any manual handling activities at work. Introducing them to the hazards of manual handling, the risks involved, controls that are available to help prevent injury and principles of safer moving and handling.

Course Content:

Successful completion will enable candidates to identify:

- That manual handling operations can be hazardous to health
- How manual handling operations can cause injury and harm
- The scope of legal requirements with regard to safe moving and manual handling operations in the workplace
- The process for assessing risks from manual handling and the factors that need to be considered in a manual handling risk assessment
- The value of risk assessment and how it applies to safe moving and manual handling practice
- The mechanics of movement
- How to assess, plan, prepare and conduct safe moving and manual handling operations

Qualification: Highfield Level 2 Award in Safe Moving & Handling (QCF)

Assessment Method: Multi-choice Exam

Course Costs: TBA

Attendance and Timeframe: 1 day

Delivery Method: Classroom Groups

Delivery Location: EETD training suite or your nominated site

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