



Environmental Excellence
Training and Development Ltd



Level 2 Award in Safe Moving & Handling

Course Overview:

This qualification will benefit those who are required to carry out any manual handling activities at work by introducing them to the hazards of manual handling, the risks involved, controls that are available to help prevent injury and principles of safer moving and handling.

Course Content:

Successful completion will enable candidates to understand:

- That manual handling operations can be hazardous to health
- How manual handling operations can cause injury and harm
- The scope of legal requirements with regard to safe moving and manual handling operations in the workplace
- The process for assessing risks from manual handling and the factors that need to be considered in a manual handling risk assessment
- The value of risk assessment and how it applies to safe moving and manual handling practice
- The mechanics of movement
- How to assess, plan, prepare and conduct safe moving and manual handling operations

Entry Requirements:

The candidate must declare any condition that may affect his/her ability to learn or take part in the practical activities 5 days prior to the course taking place.

Assessment Method: Multiple-choice examination or learner assessment pack and a practical examination

Qualification: Highfield Level 2 Award in Safe Moving & Handling (QCF)

Course Costs: TBA

Course Duration: One day

Modes of Attendance: Variable

Delivery: EETD/In Company

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