



Environmental Excellence  
Training and Development Ltd



## Manual Handling Training Certificate

### Course Overview:

This course is designed to raise the awareness of correct manual handling procedures and techniques in order to enhance health and safety within the workplace.

### Course Content:

- The structure of the Spine and Functions
- The Spinal Cord/Nervous System
- Costs – moral, physical, financial
- Legislative Requirements
- Diseases Affecting the Back and Neck
- Resulting Injuries/Disabilities Consequences
- Lifting Capacity – Factors
- Assessment by Employer/Employee
- Recommended Weight Guidelines
- Safe Systems

**Assessment Method:** Practical Assessment

**Qualification:** Highfield Manual Handling Training Certificate

**Course Costs:** TBA

**Course Duration:** Half day

**Modes of Attendance:** Variable

**Delivery:** EETD/In Company

**Contact Details:** Kelly Louise Smith PBICSc: [customerservice@3ees.uk.com](mailto:customerservice@3ees.uk.com)



wamitab



Apprenticeships



Skills Funding  
Agency

*Excellence Matters*

**Environmental Excellence Training & Development Ltd**

Junction 2, 870c Wolverhampton Road, B69 4RS. Telephone: 0121 574 0688 [www.3ees.uk.com](http://www.3ees.uk.com)